Simple, Seasonal, Sustainable

Recipe of the Week

Cabbage, Tomato, Radish Salad

Ingredients:
- 1 small head cabbage, sliced thinly
- 2 medium tomatoes, cut in cubes
- 1 cup radishes, sliced
- ¼ teaspoon salt
- 2 teaspoons olive oil
- 2 teaspoons rice vinegar (or lemon juice)
- ½ teaspoon black pepper
- ½ teaspoon red pepper
- 2 teaspoons fresh cilantro, chopped

Directions:
1. In a large bowl, mix together the cabbage, tomatoes, and radishes.
2. In another bowl, mix together the rest of the ingredients, and pour over the vegetables.

Serves 10
41 calories, 1 g fat, 0 g saturated fat, 7 g carbohydrate, 3 g fiber, 2 g protein, 88 mg sodium
Source: National Heart, Lung, and Blood Institute