

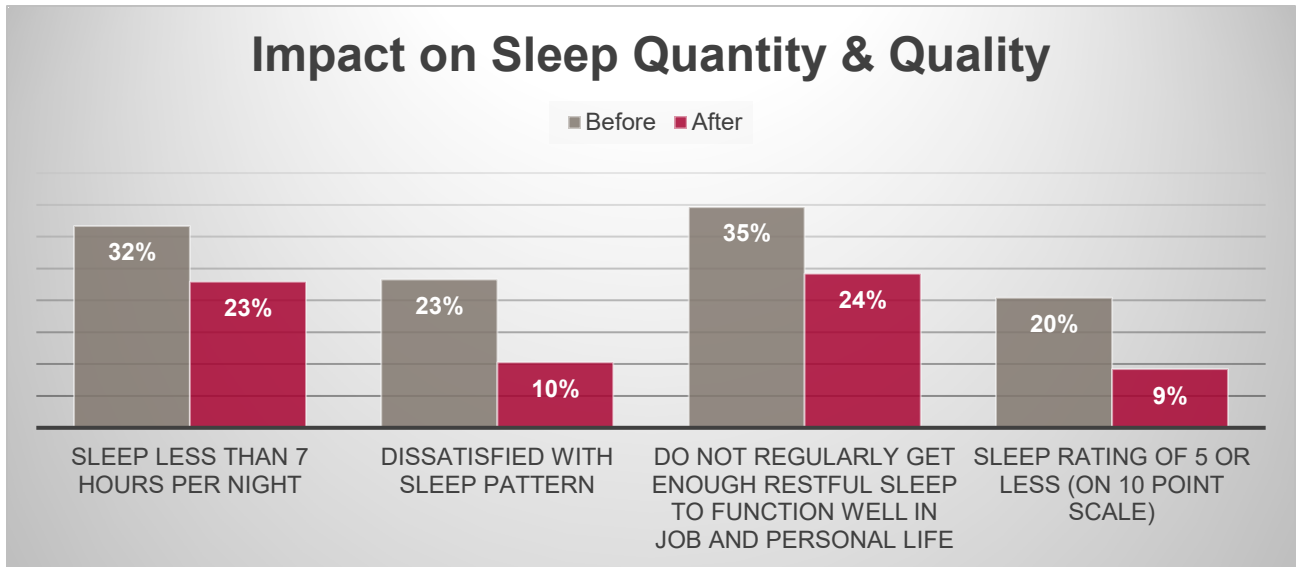


# 2022 Sleep Great IU! Challenge

## Summary Report

Results include only those who completed the 4-week challenge and evaluation questions. 404 participants completed the challenge.

### Outcomes



### Evaluation

88% of participants would recommend the challenge to others.

