Safety Scavenger Hunt

Safety is one of those things we often take for granted. We hope this scavenger hunt will provide a fun and interactive way to prepare for emergencies (we hope never happen). Please encourage your co-workers to join the hunt — it could save your life.

A special shout out to ALL the employees that help keep us safe — we appreciate all you do!

1. Find the nearest FIRE EXTINGUISHER to your work area and note the location.

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2. Note below two fire EXITs near your work area.

_____

_____

3. Find the nearest FIRE ALARM PULL STATION to your work area and note the location.

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More information about fire evacuation procedures:
https://protect.iu.edu/emergency-planning/procedures/building-evacuation.html

4. Note the location of the tornado shelter closest to your work area.

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5. Find the nearest Automated External Defibrillator (AED) to your work area and note the location. *Note: If you do not have an AED, write an "X."*

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6. Common signs of heart attack include which of the following?
(check all that apply)

 Chest pain or discomfort that is often in the center or left side of the body and lasts more than a few minutes, or it may go away and comes back.
 Discomfort or pain in one or both arms, the back, neck, jaw, or stomach.
 Shortness of breath.
 Cold sweat, nausea, or light-headedness.

7. Common signs of stroke include which of the following?
(check all that apply)

 Sudden confusion or trouble speaking or understanding others.
 Sudden confusion or trouble speaking or understanding others.
 Sudden trouble seeing in one or both eyes.
 Sudden trouble walking, dizziness, or loss of balance or coordination.
 Sudden severe headache with no known cause.
 Dreaming of the Bee Gees and singing "Stayin Alive."

8. Name <u>three</u> individuals in your department or building that are CPR and AED certified.

_____
_____
_____

9. Are YOU CPR certified? *Write yes or no.*

_____

10. Write the location of the first aid kit in your department. *Note: If you do not have a first aid kit, write an "X."*

_____

More information about CPR, AEDs, and first aid kits: https://protect.iu.edu/environmental-health/occupational-safety/first-aid.html

11. What information can you find in your "Emergency Procedure Guide"?
(check all that apply)

  What to do in the event of an employee, student or visitor accident or injury.
  What to do in the event of an employee, student or visitor accident or injury.
  Who to call in the event of an extraterrestrial sighting.
  What to do in the event of a mental health emergency.
  The definition of a Tornado Watch and a Tornado Warning
  What to do in the event of a hazardous material spill.
  What to do in the event of a hazardous gas leak or release.
  Where to park on campus.

Building-specific emergency plans and contacts can be found here: https://protect.iu.edu/emergency-planning/procedures/building-specific.html. And the emergency procedures grids by campus can be found here: https://protect.iu.edu/education/emergency-procedures-grid.html

12. Which of the following are ways to prevent back injury?
(check all that apply)

  Pay attention to posture.
  Watch 3 to 4 hours of television daily.
  Lift properly. When lifting and carrying a heavy object, lift with your legs and tighten your core muscles. Hold the object close to your body. Maintain the natural curve of your back. If an object is too heavy to lift safely, find someone to help you.
  Modify repetitive tasks — try to alternate physically demanding tasks with less demanding ones.
  Listen to your body.

13. Which of the following human factors contribute to slips, trips and falls?
(check all that apply)

  Reading text messages while walking.
  Thinking about an upcoming meeting while going up the stairs.
  Being in a hurry and rushing.
  Carrying or moving cumbersome objects or simply too many objects at one time.
  Poor physical condition.
  Stress, illness, or fatigue.

GREAT JOB!

Answer Key for General Questions:
6: Check all!
7: Check all but the last one!
11: Check all but the third and last one!
12: Check all but the second one!
13: Check all!