



Frequently Asked Questions

Q: What is WW?

A: WW is Weight Watchers Reimagined. Our purpose is to inspire healthy habits for real life. For people, families, communities, the world, for everyone. No matter what your goal is—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—we will bring you science-based solutions that fit into your life. WW welcomes everyone who seeks to be healthier, not just manage their weight.

Q: Why is Indiana University partnering with WW?

A: Indiana University has teamed up with WW to bring you a program that gives you real-life solutions to get healthier, all at no cost.

Eligibility

Q: Who can take advantage of the WW membership plans?

A: The following individuals are eligible to participate in WW:

- All benefit-eligible Academic and Staff employees; and
- Spouses covered on an IU medical plan

To become a WW member, you must:

- Be at least 18 years old.
- Not be pregnant.
- Not have an active medical diagnosis of bulimia nervosa or anorexia nervosa.

Q: Can my spouse join WW with me?

A: Spouses are eligible to participate only if they are enrolled on the employee's IU-sponsored medical plan.

Q: Can other members of my family join WW with me?

A: WW is available to all Indiana University benefit-eligible employees and spouses enrolled in an IU-sponsored medical plan. Unfortunately, the IU WW benefit is not available for dependents. Dependents can enroll at their own expense, if they meet WW's membership criteria.

Q: Are IU Retirees eligible to participate?

A: No. Unfortunately, this program is only available to current active benefit-eligible employees and spouses enrolled in an IU-sponsored medical plan.

Q: Can I continue WW even if I leave my job at IU or switch to a non-benefits eligible position?

A: You can continue WW at your own expense if you leave the university or move to a non-benefits eligible position. You will no longer be eligible for participation through IU, as eligibility is tied to enrollment in IU-sponsored benefits. You will need to re-enroll through the WW.com website.

Q: If I'm a current WW member can I join Indiana University's WW Program?

A: Of course! There is an option to link your current account through your company's registration process. If you have any issues, call WW at 1-866-237-6032 for assistance with getting your membership switched.

Registration

Q: How do I register?

A: Registration is completed through the Indiana University WW website at www.weightwatchers.com/us/IU. To register, you will need your 10-digit University ID. Spouses will also need the University ID, but will need to add an "S" at the end. In addition, you will need IU's WW Employer ID. You must register online before attending a Workshop.

Q: What is the IU WW Employer ID?

A: It is Indiana University's unique site identifier for enrollment. IU's WW Employer ID is 15246810.

Q: How do I easily locate my 10-digit University ID?

A: To find your University ID, visit One.IU. Search on Employee Center and click on the Benefits box in Employee Center. Your 10-digit University ID will be located near the top left of the screen. Spouses will also need the employee's University ID, but will need to add an "S" at the end.



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Q: Is there a registration deadline?

A: No. WW will provide ongoing registration to join at any time throughout the year.

Q: What are the WW membership plans available through Indiana University?

A: You can choose the plan that fits your lifestyle.
Membership Plan 1: Digital Only (also known as e-tools)
Membership Plan 2: Digital + Workshops

Q: Do I need to renew my membership?

A: No. Once you sign up for WW you will have an ongoing membership until you reach your goal, cancel, or are no longer eligible for the IU WW program.

Q: How many times can I enroll? Can I start and stop my membership?

A: Enrollment is unlimited. Once you enroll, you will have ongoing membership until you reach your goal or decide to cancel. We understand weight loss is a journey, and life happens. If you cancel your membership at any time, you are always welcome back to re-enroll.

Attending Workshops (formerly known as meetings)

Q: I am interested in the Workshops on campus. How do I learn more?

A: Currently, Workshops in the Workplace are available at IUPUI and IUB campuses. To find information about current workshops, visit [here](#). Please note space is limited. If you are interested in starting a new workshop, please complete [this survey](#) and a WW team member will reach out to you. A minimum of 15 people are required to start a Workshop in the Workplace, and a regular meeting space must be available weekly on an ongoing basis.

Q: I want to join the WW Digital + Workshops membership plan (formerly known as meetings). How do I know if there is a WW Workshop near me?

A: This is an important step before you register. Please make sure there is a workshop nearby that has a day and time that will work for you. Many smaller towns or campuses only have one option available. Please visit the WW website, and click the “find a studio” tab. Search by your zip code and view the community workshops in your area. If there is not a workshop in your area, WW can bring workshops to your campus if there is enough interest. Contact Healthy IU to inquire. In the meantime, you can participate in the WW Digital membership plan (online only).

Q: Do I have to go to an orientation?

A: Orientation will be completed at the end of your first WW Workshop by the WW Coach, if you are attending in-person workshops either at work or in the community.

Q: Can I attend Workshops in the community and at work?

A: Yes! Participants are allowed to attend both at work and community workshops for their convenience. With the WW Digital + Workshops membership plan, you will receive a Monthly Pass that will grant you access to any WW Workshop at IU or in the community – or even across the country.

Q: I received paper vouchers when I participated in WW through IU in the past. Will I continue to get paper vouchers?

A: No. There is no longer a need for paper vouchers. You simply enroll for the WW Digital + Workshops membership plan to attend a community Workshop.

Q: Do I have to attend WW Workshops? I only want to participate online.

A: Having social support is key in any wellness journey and attending WW Workshops is a great way to receive that support. However, there is the WW Digital membership plan available for use without attending in-person workshops.



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Taxable Benefit

Q: Why am I being taxed?

A: For certain incentive programs, such as WW, IRS rules require the cost of the program to be reported as a taxable benefit by the employer. Employees who participate in the program will be taxed on the value of the WW program on their W-2. For spouses that participate, the taxable benefit will be added on to the IU employee's W-2.

Q: Do I have to sign a tax form?

A: No. WW will be tracking your enrollment and will provide IU a taxable income report. To enroll in the WW program, you must accept the terms of the taxable income.

Q: When will I be taxed?

A: WW will submit a taxable income report to IU quarterly. If you and/or your spouse are participating, please anticipate the taxable income to come out of the employee's paycheck.

Q: How much will I be taxed?

A: The taxable income is based on your individual income bracket and withholding selections, and this varies from person to person. It will be classified as a "fringe benefit." The **monthly** value of the WW benefit is:

- Digital Only: \$19.95/month
- Digital + Workshop: \$44.95/month

Taxable income will be reported **quarterly**. Note: the following are provided **only as examples** of estimated taxable income **per quarter**. This will vary by individual participation and tax withholdings. The examples are all shown with "0" tax withholdings.

Income Bracket	Digital Only Tax per Quarter	Digital + Workshop Tax per Quarter
Less than \$35,000 year; Single; 0	\$14.58 (\$4.86/mo)	\$32.76 (\$10.92/mo)
Less than \$35,000 year; Married; 0	\$14.55 (\$4.85/mo)	\$32.73 (\$10.91/mo)
Less than \$55,000 year; Single; 0	\$20.55 (\$6.85/mo)	\$46.26 (\$15.42/mo)
Less than \$55,000 year; Married; 0	\$14.55 (\$4.85/mo)	\$32.76 (\$10.92/mo)

If you have additional questions, please contact askhr@iu.edu.

Q: If I reach my lifetime goal, will I continue to be taxed?

A: No. Once you reach WW lifetime goal criteria, WW will no longer bill IU for your participation, and you will no longer be taxed.

Cancellation

Q: How do I cancel?

A: The cancellation process is hassle-free. You can easily cancel your membership on the WW website. Simply log in to your account, go to "Settings," > "Account" to view your cancellation options. If you would like assistance with cancelling your account, you can call 866-204-2885. Please note that IU is unable to cancel for you.

Q: What happens if I don't cancel and I've stopped using WW?

A: Indiana University will continue to be billed for your registration until you cancel. Additionally, you will continue to be taxed as if you were fully participating.

General

Q: Who do I call or email if I have a question?

A: For IU related questions such as eligibility, please contact askhr@iu.edu or call 812-856-1234. For all WW related questions, please contact WW customer services at 866-204-2885 (Monday-Friday 8:00 a.m.-10:00 p.m. ET; Saturday 11:00 a.m.-5:00 p.m. ET). You may also email wellnesshelp@weightwatchers.com.

Q: Does IU cover any other WW products?

A: No. Any other WW products, such as food or supplies, are an additional cost at your own expense.



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Q: Can I use my Health Savings Account (HSA) to purchase WW food?

A: Generally, the cost of WW food is not eligible for reimbursement from the HSA or the TSB account. However, some employees with a specific medical diagnosis and with a physician's order may be eligible for some reimbursement for food that treats or alleviates an illness. Contact Nyhart at 800-284-8412 for more information.

Q: Does WW share my information with IU?

A: WW requires you to sign their company authorization form when registering, which includes general language about data sharing required by their legal team. This language is not customizable to customers. IU will only be requesting and receiving de-identified, aggregate reporting. Information used for IRS reporting will only include enrollment information. No information related to program results is provided to IU, and your personal progress or information will never be shared with IU.